

Dear Friends and Supporters

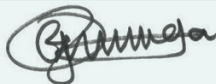
Happy New Year and welcome to the first MotiFundraising of 2006. My name is Grace Wasike and I am Motivation's Programmes Fundraiser. I started my career in international development as a volunteer in Somali Refugee Camps back in 1992. Since then I have worked extensively at grassroots and international level with various non-governmental organisations in Africa. I was delighted to get the opportunity to join the Motivation team in September 2005.

This MotiFundraising features people with great heart and spirit who are continuously contributing towards our work. One such person is Charles Dowding, a regular giver who tells us about what inspired him to make a legacy pledge to Motivation. You will find information about how you too can leave a legacy to Motivation in the enclosed leaflet.

We also introduce some new fundraising ideas that you can undertake in your own home, such as clearing out your cupboards and auctioning off unwanted goods to raise money for Motivation through eBay for charity.

The festive season was bright for Motivation, thanks to a group of faithful supporters who raised over £3,500 from Christmas fetes and card selling events - a fabulous effort!

It is the enthusiasm and spirit of our volunteers and supporters that enables Motivation to continue its work. On behalf of everyone at Motivation, thank you for helping us to build a better life for people with disabilities in communities throughout the developing world.



Grace Wasike

Programmes Fundraiser



Leaving a Legacy to Motivation

By leaving a gift to Motivation in your Will, you can continue to help enhance the lives of people with mobility disabilities long into the future. Motivation supporter Charles Dowding explains why he has decided to make a bequest to Motivation.

"After my niece Paula joined a trip organised by Motivation to climb Mount Kilimanjaro to raise money for its projects, I read some more about Motivation's work to restore mobility by providing wheelchairs for disabled or land-mine victims in countries where the living is difficult and not much help available. The literature reminded me that successful fundraising is essential to enable the work to continue. Without funds the whole operation is in jeopardy.

Today there are many charitable appeals, all for good causes, but I regard Motivation as 'extra special'. I was intrigued and attracted by the emphasis on having expert design alongside local manufacture with maximum use of available materials, plus local labour trained up to the task as necessary. A good idea, well planned, worthy of support.

I felt I wanted to help. But how? Sponsor Paula of course. But something more? My solution was a small standing order plus a legacy donation written into my Will. After many years of happy life and modest prosperity, a desire to 'give something back' is natural and one's family understands. Now, with the legacy in place, I have the satisfaction of knowing that something is reserved for Motivation which, when the time comes, will be good for the morale of the team and will hopefully help to serve a useful purpose.

Others may wish to follow suit. At the end of the day, everyone must agree that a legacy to Motivation is (another) very good idea."

What most people don't realise is that leaving a legacy can also be of benefit to the person who pledges it, and their loved ones. This is because, at present, the inheritance tax relief threshold stands at £275,000. This means that anything you leave above this amount will be liable for 40% tax. Therefore, by leaving part of your estate to Motivation, you are avoiding high inheritance tax and contributing to a worthy cause at the same time.

To find out more about leaving a legacy to Motivation visit the 'donate' page of our website or fill in the enclosed legacy leaflet.



Leave something that lasts - quality of life

Festive Fundraising

Every year Motivation has a troop of loyal supporters who organise festive bazaars, gourmet raffles and Christmas card sales in aid of Motivation. Last Christmas was no exception and Motivation would like to say a big thank you to Linda Alvis, Cheryl Piper, Rita Langler, Pat King, Jean Constantine, Brenda Light, Ian Shave and Caroline Dennis for going to so much effort to raise funds for Motivation.



The winning raffle prize at Brenda Light's coffee morning was this quilt, pictured with its deserving winner, Linda Grady, who helped organise the event. The quilt was hand made by another Motivation supporter, Dena Stokes.

Behind the Scenes Work

Motivation would like to say a huge thank you to Mick and Jane Howey, two volunteers from Devon who single-handedly packed and distributed each and every Christmas card order for Motivation for the second year in a row. This kind of behind the scenes administrative support is invaluable, as it enables us to keep costs down: we couldn't do it without you!

Thanks to everyone who bought, sold and packed Christmas cards in 2005, Motivation raised a grand total of £8,629 over the year.

Supporters Visit Sri Lanka

While on holiday in Sri Lanka, longstanding Bristol supporters, John and Jane Sleigh, visited Motivation Sri Lanka's office to see some of our work first hand. Despite having regularly helped out in the UK office, John explains that "Nothing of what we already knew about Motivation really prepared us for just how much its input has changed people's lives".

One such person whose life had dramatically changed for the better is Thusita's. "Thusita explained to us that his disability had previously given him very low self-esteem. However, since getting involved with Motivation he has become a trained wheelchair engineer, a husband, a father, and is preparing to

Call for volunteers in London and the South East

Motivation supporter, Anthony Barnard, is setting up a Support Group of volunteers in London and South East England. Anthony wants the group to organise events to raise funds for Motivation. Anyone interested in helping with the group should contact Anthony directly at barnardak@mistral.co.uk or call 01737 554713

eBay users: here's a new way to give!

We are delighted to announce that Motivation has signed up to the eBay for Charity programme, which enables us to auction our own items online, and gives anyone selling on eBay the option to donate a percentage, or all, of an item's final selling price to Motivation. If your item sells, a minimum £5.00 donation or 10% of your item's final selling price, whichever is greater, is required.

To keep an eye on Motivation's auctions and to find out more about how to list an item for us please visit our MissionFish charity homepage at: http://www.missionfish.org.uk/NPMMF/nphomepag e.jsp?NP_ID=11161 or go to www.ebay.co.uk and follow links to the eBay for Charity section. Your bids are also very welcome!

Do it for Motivation and yourself

Now it's February, has your New Year's resolution of keeping fit slipped? Well, Motivation is here to help. We have reserved a number of places at various fitness-inducing events, from the Silverstone Half Marathon in March to the Great South Run in October. To get a full list of the events across the country, contact Francesca on 01275 461946 or visit the 'Get Involved' page of our website and take your pick.



Thusita training another wheelchair user

compete in the next Paralympics! We now appreciate just how important the involvement of Motivation is in all the projects to which they contribute. Motivation has a level of expertise that few other charities can match; it is no wonder other organisations call on them for advice. I now understand why those involved in Motivation get such a buzz out of the work they do.

My wife and I would like to say a big thank you to all the people we met in Sri Lanka for their hospitality, and to the Motivation staff for their time and advice. By the way, Sri Lanka is a great place for a holiday, but that's another story..."

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Contact Us
Brockley Academy
Brockley Lane, Backwell
Bristol BS48 4AQ
t 01275 464012
f 01275 464019
e info@motivation.org.uk
i www.motivation.org.uk

Co-Founders/Executive Officers
David Constantine, Richard Frost
Trustees/Directors Scott Glickman FRCS
Prue Bramwell-Davis MSDC FRCA
Andrew Oliver, Steven Fogel LLB LLM ACI Arb
Vivien Gardener ACA Nicholas Allott

Patrons: The Earl of Snowdon GCVO RDI,
Tom Conti, Sir Jocelyn Stevens CVO
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