

Dear Friends and Supporters

Since joining Motivation as Fundraising Manager in August 2004, I have been continually delighted by the fantastic response to our work from our supporters. The generous support we received for our tsunami appeal and the messages of goodwill have been much appreciated by staff and volunteers at our UK office and our colleagues and staff of our partner organisations in Sri Lanka have been much encouraged by your messages of hope. The appeal raised over £12,000 from individual supporters alone, with several trusts and companies contributing to the fund as well. Your support for our tsunami appeal and our regular course is very much appreciated by many people with mobility disabilities in developing countries with whom and for whom we work and I thank you all for this help.

As Motivation's ambitions to improve the quality of life for wheelchair users grows, so too must the Fundraising department, which is why we are focusing on broadening our supporter base and introducing more people to the course of our organisation. We look for your support and that of your friends in this. I hope that you enjoy this edition of Motifundraising.

Best wishes



Naftali Onchere



Supporter Recruitment Campaign

In the last edition of Motifundraising we asked you to introduce a friend to our work. Many of you responded and we would like to welcome to Motivation all those friends-of-friends who are receiving our news for the first time.

We appeal to you to keep telling people about Motivation. We do not want to use the money you raise to buy lists of contacts but, at the same time, it is vital that we raise awareness of the needs of our partner organisations and the needs of the disabled people they represent.

If you do know someone who would like to help, please complete the form below with their details, or ask them to contact Elly on 01275 464031.

Urgent Call for Runners!

The Bristol Half Marathon takes place on the 2nd October 2005. The course takes in the attractive old city and the stunning Avon Gorge and is very flat, offering great potential for fast times. You are sure to clock-up a personal best as Motivation's enthusiastic on-street supporters cheer you on!

The race filled very quickly last year, so if you would like to support Motivation by running in this brilliant event, please call Elly today on 01275 464031 to book your guaranteed charity place.

Please complete this form if you would like to be further involved with Motivation.

Your name _____

Address _____

Postcode _____

Telephone _____

Email _____

I would like further information about climbing Mount Kilimanjaro

I would like further information about taking part in sponsored events

I/my group would like to organise a community event

I would like to introduce a friend to Motivation. Please send them an introductory pack. Their details are:

Name _____

Address _____

Postcode _____

Telephone _____

Email _____

Wheelchairs for Africa

Having the right wheelchair can literally change someone's life. It gives them mobility, which in turn fosters greater independence, confidence and dignity. It can often provide opportunities to earn a living or go to school for the first time.

In Africa, it is estimated that less than 2% of the need for wheelchairs is being met. Even when people have a wheelchair it is often totally unsuitable for their environment and/or disability.

Graduates of the Motivation-initiated Wheelchair Technologists Training Course in Tanzania come from all

over Africa and can prescribe, fit and build wheelchairs appropriate to the needs of their clients. Their local workshops employ disabled people and WTTTC graduates pass their skills on to others.

However, many disabled people cannot afford the essential mobility equipment they need. A locally-made wheelchair costs £100 and Motivation has a dedicated Africa Wheelchair Fund to assist the poorest people to obtain a suitable chair.

We desperately need contributions to this fund. A wheelchair for a person



WTTTC graduate Fatuma Acan (right) and her colleague Sharifa Mitembe ensure this chair fits the user perfectly.

in Africa who could not otherwise afford one makes an unusual and meaningful gift for a birthday, wedding or graduation present. If you would like to buy a

wheelchair, or contribute to this fund, please complete the enclosed donation form, clearly marking it for the 'Africa Wheelchair Fund.' Thank you so much.

Driving Home to Africa

25 year old Colin Javens broke his neck in a diving accident four years ago and is paralysed from the shoulders down as a result. The Colin Javens Spinal Injury Trust (UK charity no. 1107143) was set up in 2004 to fundraise for organisations supporting the spinally injured. Having re-learnt to drive an adapted 4x4 vehicle, Colin is embarking on an expedition, called 'Driving Home', to drive from the UK through Africa, via his birthplace in Kenya, to Cape Town.

For the expedition Colin has teamed up with Motivation, and will be visiting two of our partner organisations, the Kilimanjaro Association of Spinally Injured (KASI) in Tanzania and the Disabled Wheelchair Centre (DISACARE) in Zambia. He will raise funds for both organisations, among others based both in the UK and Africa.

For more information on the expedition, or to find out how to support the Colin Javens Spinal Injury Trust, visit www.drivinghome.co.uk, or call Caroline on 01483 898 840.



Christmas Card Campaign

Motivation's 2004 Christmas Card campaign raised £6000, so our thanks are due to everyone who bought the cards.

We would also like to say a special thank you to the following people and organisations:

- Linda Alvis, Rhonda Drakeford at Multistorey and Simon Frost for allowing us to use their designs free of charge.
- Jean Constantine, Trish Bould, Kerry Llewellyn and Cheryl Piper for promoting the cards.
- Charter plc and Remote Diagnostic Technologies for using our cards as their company greeting cards.
- Jane and Mick Howey for packaging up and sending all the cards out so efficiently over the course of the whole campaign.

Thanks everyone – you made it a real success!

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