



## Motivation training

Motivation is a disability and development organisation transforming the lives of disabled people around the world. Our work is focussed on four key areas: disabled people's survival, mobility, empowerment and inclusion.

Motivation provides training for individuals, national and international non-government organisations, government departments, healthcare services and private businesses. **As well as the courses outlined below, we can provide tailored packages to suit your organisation's specific needs.**

### 1. Survival

Motivation works to improve survival rates of people with a spinal cord injury (SCI).

Training	Description	Target recipients
Basic SCI Nurse Training Resources and Mentoring programme	A mentoring programme through which qualified nurses train others in how to care for people with a SCI, leading to improved survival rates of SCI patients	Nurses and other health workers who treat people with SCI

## 2. Mobility

We support disabled people to access the right wheelchair for them through a high quality wheelchair service.

Training	Description	Target recipients
Introduction to Motivation wheelchairs	A one to two day course that covers assembly, adjustment and quality control of Motivation wheelchairs.	Anyone who wants to provide Motivation wheelchairs
Basic Wheelchair Service <b>Start-Up</b> Training	A three day course that enables organisations to establish basic Motivation wheelchair services quickly – ideal in rapid response situations	Non-professional personnel who have the potential to be working in a wheelchair service
<b>Basic</b> Wheelchair Service Courses	10 to 15 day courses that provide basic clinical and technical skills and knowledge for assessment, prescription & fitting	Non-professional personnel who have the potential to be working in a wheelchair service
	A five day course that provides basic clinical skills and knowledge for wheelchair service provision	Clinical professionals working in wheelchair services (e.g. physiotherapists, prosthetists)
<b>Intermediate</b> Wheelchair & Seating Service Course	A 10 day course that extends the basic level course to include principles and practices of postural support for those with more complex seating needs, such as children with cerebral palsy	Clinical professionals working in rehabilitation services (e.g. physiotherapists, prosthetists) or those who have been through the basic course
Basic Wheelchair Maintenance	One day course in aspects of wheelchair maintenance	Technical wheelchair service personnel
Basic Referral Network Training	A one to two day course in how to identify and refer people requiring a wheelchair to a local service	Local health and community workers
Wheelchair Services in Low Income Countries	A one day course providing an overview of wheelchair provision in low income countries, covering the three main areas of products, services and training	Individuals and organisations aiming to develop appropriate wheelchair services in low-income countries
Principles of Positioning and Seating in the Community	A one day course covering the principles of seating, the benefits of proper seating and how to practically apply them to your client's needs on a daily basis	Carers, care assistants, family members and PT and OT assistants, social services staff and learning support assistants
Wheelchair Awareness in the Community	A one day course providing principles of seating and training in wheelchair performance, features, adjustability and assisted mobility skills	Carers, care assistants, family members and PT and OT assistants, social services staff and learning support assistants

All courses promote and adhere to the World Health Organisation's Guidelines on the 'Provision of Manual Wheelchairs in less resourced settings.'

### 3. Empowerment

Led by wheelchair users for wheelchair users, our peer group training transforms the way disabled people feel about themselves and their futures.

Training	Description	Target recipients
Peer Training	Facilitated by wheelchair users, the course provides other wheelchair users with skills for independent living including mobility skills, health information and disability rights	Wheelchair users, especially those with a spinal cord injury
Peer Training of trainers	Strong peer trainers identified through the course above are trained and mentored to be role models and trainers, providing on-going support to others in their community	Strong empowered wheelchair users, especially those with a spinal cord injury
Children's Peer Training	Facilitated by disabled people, the course provides life skills for children who use wheelchairs; there is a particular focus on drama, art and play to promote mobility, health and awareness of disability rights	Children who are wheelchair users
Training for parents of children with cerebral palsy	Facilitated by parents who have been trained as trainers, the course explains how to promote the healthy development of a child with cerebral palsy, including communication, feeding and positioning	Parents of children with cerebral palsy
Sports Training	Prepares coaches and athletes to participate in wheelchair sports	Disabled adults and children

### 4. Inclusion

In partnership with local disabled people's organisations, Motivation is tackling the root causes of exclusion and increasing opportunities and participation in daily life for disabled people.

Training	Description	Target recipients
Tools and Training for Inclusion	A comprehensive package of tools and training to help organisations become more inclusive of disabled people	Businesses, government and non-government organisations
	A comprehensive package of tools and training to help disabled people prepare for the workplace or other activities	Disabled people
Inclusion Training of Trainers	An 8 to 10 day course to train others to facilitate the tools and training for inclusion	Members of disabled peoples' organisations and others who provide inclusion training

### 5. Other services

Motivation has a team of clinical, technical, training and disability specialists who can offer a range of skills and services, from needs assessments of wheelchair services through to organisation a national wheelchair stakeholders' conference.

#### Get in touch

If you'd like to talk to us about any of the training outlined above and how we can tailor it to meet your organisation's needs, please get in touch. Email [info@motivaton.org.uk](mailto:info@motivaton.org.uk) or call us on +44 (0) 1275 464 012. We look forward to hearing from you.

